

# **WELLNESS COMMITTEE**

## **2015-16 Review**

**Committee Members:**                    **Jessica Pavlenko, Heidi Griffith, Kayla Maher, Joel Gilmer, Denise Ryan, Alisa Louwagie, Mary Abramowski**

- Continued Monday morning Walk-and-Talks for K-5 students.
- Confirmed parent and physician documentation for all students with need for dietary accommodations, per State of Minnesota requirements.
- Coordinated two Bounce Back presentations for grades 3-8 and staff. Bounce Back is a Buffalo community-wide initiative meant to make our community healthier by providing tools and resources to increase happiness.
- Inventoried, repaired, and replaced items in Inside Recess Carts.
- Supported dietary staff with documentation for December, 2015 State review.
- Coordinated 8 week Healthy Habits Challenge for staff.
- Supported healthy snack basket in staff lounge, for as long as funding allowed.
- Facilitated all-day jump rope event for K-8 students, resulting in continual jumping throughout one entire school day.
- Added activity pieces to Inside Recess Carts through Spring Fever donations.